

Support for people in West Sussex  
living with  
Acquired Brain Injury

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@headwayWS

Headway West Sussex is Affiliated to Headway UK but is an  
independent, charity and self-supporting financially

# Impact Report 2017



Worthing Support Group

# Three years—Five clear goals

Year One: 2017

*'I am so grateful for the support that I have received from the group and without them I don't know where I would be'*

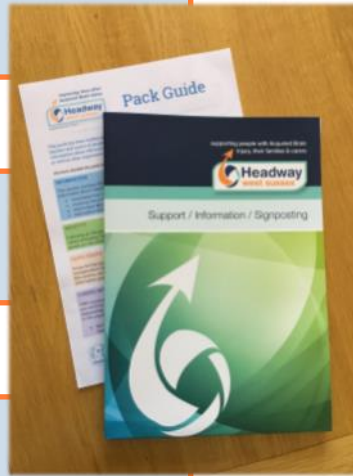
**Raise awareness** and understanding of ABI and its symptoms with other organisations and the public

**Improve experiences** when seeking help from statutory agencies and other organisations

**Provide Information** at the right time and ensure it is known about and accessible

**Enable independence** so that people feel better able to manage their everyday lives

**Strive for Quality** by managing activities within a framework of good governance and quality



*'I have made some great friends and now have people to talk to who truly understand what it's like to feel the way I feel'*

There were over **19,000** unique visitors to our website

**100%** of Citizens Advice advisors 'had a better understanding of how symptoms impact on daily life' following our talks

**703** people viewed our Information Pack online

**Our Support Group** members designed the front cover image for our new leaflet

**'I feel a lot less lonely and isolated'** 76% of Support Group members ticked this on our survey

**100%** of Support Group members said they'd been helped with useful information (51/60% members responded)

We are working towards achieving the **Headway UK Governance Standards** quality assurance programme

**A pilot programme** to support new ABI carers was funded and is in development

**89** individuals living with ABI were supported by our 'Support & Information' worker