

# Benefits

## THE NEED FOR BENEFITS

### Claiming

When someone in the family has had an ABI you may be entitled to claim State benefits for yourself as a carer or for the person with the AB. This can be a challenging situation and it is important that you get the right advice and claim the appropriate benefits for your situation.

### DWP Benefit Enquiry Line

Benefit Enquiry Line:  
Freephone 0800 882 200  
Text phone 0800 243 355

Opening Hours Monday to Friday 8.30am to 6.30pm

Email: [BEL-Customer-Services@dwp.gsi.gov.uk](mailto:BEL-Customer-Services@dwp.gsi.gov.uk)

You can also visit the Direct Gov page learn more about these benefits.  
[www.direct.gov.uk/disability-money](http://www.direct.gov.uk/disability-money)



The Advice line telephone number is 0344 477 1171  
Available Monday to Friday 9am - 5pm.

#### In this section you will find:

1. A Headway UK Welfare Benefits Checklist.
2. Factsheet with guidance on completing the claim form.

#### Other useful numbers The Headway Emergency Fund

To help families and individuals cope with the practical implications of a sudden catastrophic brain injury.  
Tel: 0808 800 2244

#### Independent Living Fund

Support for disabled people enabling them to choose to live in the community.

Tel: 0845 601 8815

[www.ilf.org.uk](http://www.ilf.org.uk)

fax: 0115 945 0945

Email: [client.service@ilf.org.uk](mailto:client.service@ilf.org.uk)

#### Turn2Us

Helps people access benefits, grants and other help. website: [www.turn2us.org.uk](http://www.turn2us.org.uk)

*HWS is not responsible for the contents of other organisations websites. All information is correct at the time of printing.*



Headway West Sussex is affiliated to Headway UK The Brain Injury Association  
Helpline: 0808 800 2244

Headway West Sussex [www.headwaywestsussex.org.uk](http://www.headwaywestsussex.org.uk)